



Pioglitazone Mediated Reduction in Oxidative Stress and Alteration in Level of PPAR γ , NRF2 and Antioxidant Enzyme Genes in Mouse Preimplantation Embryo during Maternal to Zygotic Transition

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ABSTRACT

Excessive accumulation of reactive oxygen species (ROS) is one of the reasons for the slow growth of mammalian preimplantation embryos. Peroxisome proliferators-activated receptor gamma (PPAR γ) functions in the nuclear regulatory factor 2 (Nrf2) antioxidant pathways by binding to the promoters of antioxidant genes and regulates the expression of genes that associate with NADPH oxidase. To understand the role of PPAR γ in the development of early embryos and define the mechanism responsible for the arrest in development during the maternal-to-zygotic transition (MZT), we used an embryo model of oxidative damage by H₂O₂. We found that H₂O₂ exposure significantly decreased embryo development, increased the intracellular ROS level, and upregulated the expression levels of the NADPH oxidase genes NOX2, DUOX1, and NOXA1. By contrast, embryo treatment with pioglitazone after H₂O₂ exposure promote embryo development, significantly decreased the ROS level, downregulates the expression levels of NOX2, DUOX1, and NOXA1, and upregulated the expression levels of PPAR γ , Nrf2, and the antioxidant enzyme genes GPx3, GPx4, SOD1, SOD2, and SOD3. In conclusion, pioglitazone can reduce intracellular oxidative stress during in vitro development by promoting the expression of antioxidant genes and suppressing the expression of NADPH oxidant genes.

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Authors' Contribution

XL and NZF perceived and designed the study. XL, OU, LH and IA performed the experiments. IA and ZL wrote the manuscript. NZF prepared the draft version of the article for submission.

Key words

Peroxisome proliferator-activated receptor gamma (PPAR γ), Nuclear regulatory factor 2 (NRF2), Oxidative stress, Developmental block, Maternal-to-zygotic transition.

INTRODUCTION

Embryo cultures are valuable in the study of preimplantation embryonic development, and they are often used to produce transferable embryos, although culture conditions are not optimal (Rizos *et al.*, 2008). The maternal-to-zygotic transition (MZT) is an important period of mammalian embryonic development. Concomitant with this cellular event, zygotic genome activation (ZGA) is triggered, and oocyte-specific components degrading by ubiquitin-mediated proteasomal pathway (Roest *et al.*, 2004), and modulating control of maternal transcripts is switched to zygotic transcripts ultimately (Lee *et al.*, 2014). These changes are crucial to ensure a successful transition from the early embryonic stage to the late embryonic stage.

If there is a delay in ZGA, embryos will arrest during development (Qiu *et al.*, 2003).

Mouse embryos generally arrest at the 2-cell stage during the G2 phase, a phenomenon referred to as the 2-cell block (Flach *et al.*, 1982). During the 2-cell stage, there is an increase in the hydrogen peroxide (H₂O₂) level in cultured mouse embryos at metaphase, which remains elevated until they enter the early 4-cell stage (Naser-Esfahani *et al.*, 1990). An elevated reactive oxygen species (ROS) level can lead to oxidative stress, which damages DNA, lipids, and proteins. Therefore, the 2-cell block is believed to associate with oxidative stress in mouse embryos.

Peroxisome Proliferator-activated receptor gamma (PPAR γ), a nuclear receptor of the ligand-activated transcription factor family, can regulate gene transcription. PPAR γ binds the retinoid X receptor (RXR) (Varga *et al.*, 2011), and the heterodimer binds PPAR γ response elements (PPREs), which are located in the promoter region of target genes. A previous study reported that

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PPAR γ can induce the expression of antioxidant enzymes and suppress the expression and activity of nicotinamide adenine dinucleotide phosphate hydrogen (NADPH) oxidase through PPAR γ . PPAR γ then regulates oxidative stress by acting as a ROS scavenger and ROS generator (Jung *et al.*, 2007). It is believed that PPAR γ is a novel antioxidant stress factor (Polvani *et al.*, 2012).

Pioglitazone, a derivative of thiazolidinedione, is a PPAR γ agonist used in the treatment of individuals with type 2 diabetes (Kota *et al.*, 2005). Accumulating evidence indicates that pioglitazone can also protect cells from oxidative stress (Chen *et al.*, 2004).

Currently, the 2-cell block is the main barrier to the mass production of embryos *in vitro*. Although studies show that supplementing media with antioxidants can reduce the rate of the developmental block (Goto *et al.*, 1992), the effect of pioglitazone as an antioxidant in mouse embryo development is not yet known. To our knowledge, this is the first study to elucidate the mechanism of action of pioglitazone in mouse preimplantation embryos at cellular and molecular levels.

MATERIALS AND METHODS

All chemicals and reagents used in this study were purchased from Sigma-Aldrich Chemical Company (St. Louis, MO, USA) unless otherwise indicated.

Superovulation and zygote collection

Kunming mice were purchased from the Experimental Animal Center of Yanbian University. Female mice 8-10 weeks old were housed under conditions of 12 h light: 12 h dark at approximately 24°C. Each female mouse received an intraperitoneal injection of 10 IU pregnant mare serum gonadotropin (PMSG; Ninbo Hormone Co., Ltd., Ninbo China), followed by 10 IU human chorionic gonadotropin (hCG; Ninbo Hormone Co., Ltd.) 48 h later. Immediately after the administration of hCG, each female mouse was mated with a male mouse. Mating was confirmed after 12 h by the presence of vaginal plugs. Approximately 22 h after the administration of hCG, the mice with vaginal plugs were sacrificed. Their oviducts were harvested and placed in the M₂ medium. Zygotes were released from the oviducts under a stereo microscope. Cumulus cells were removed with 0.03%. The embryos were washed and then cultured at 37°C in a humidified atmosphere of 5% CO₂ in the air.

Pioglitazone antioxidant capacity assay

Zygotes without cumulus cells were washed in M₁₆ medium containing 25mM H₂O₂ three times and then cultured in the same medium at 37°C in a humidified atmosphere of 5% CO₂ in air for 30 min. After H₂O₂

treatment, the zygotes were randomly divided into two groups; one group was cultured in an M₁₆ medium, while the other group was cultured in M₁₆ medium containing 5uM pioglitazone. Pioglitazone was removed after 48 h, and the embryos were cultured until day 4. Embryo development up to the blastocyst stage was assessed. Non-treated embryos served as the control.

Measurement of the ROS level

Mouse embryos from control and treated groups were washed twice in poly vinyl alcohol (PVA) (1 mg/ml) and then placed in a 50 μ l drop of 2', 7'-dichlorodihydro-fluorescein diacetate (DCHFDA) (10 mol/L). The embryos were incubated for 15 min in dark at 37°C in a humidified atmosphere of 5% CO₂. Embryos were then washed twice with phosphate-buffered saline (PBS) and examined under an epifluorescent microscope (Leica DM IRM, Leica, Wetzlar, Germany) equipped with blue-light (535 nm) excitation. The images were analyzed by ImageJ 1.49 software-(Pro plus 6.0) (National Institutes of Health, Bethesda, MD, USA). The experiment was performed three times.

RNA isolation and cDNA synthesis

For PCR analysis, 200 embryos at the 2-cell stage were harvested at 42 h after hCG injection as described previously (Zhang *et al.*, 2015). Total RNA was isolated from whole embryos using the Qiagen RNeasy Mini Kit (Qiagen, Hiden, Germany) according to the manufacturer's instructions. cDNA was synthesized by reverse transcription using the Prime Script™ RT Reagent Kit with gDNA Eraser (Takara Biotechnology Co., Ltd., Dalian, China) according to the manufacturer's instructions. PCR was carried out in 25 μ l reaction volumes containing 13 μ l of 2 \times Taq PCR Master Mix (Tiangen Biotech Co., Ltd., Beijing, China), 2 μ l of cDNA, 0.5 μ l of forward and reverse primers (5 mM) (Table I), and 9 μ l of sterile H₂O (Tiangen Biotech Co., Ltd.). Following the initial preincubation step at 95°C for 3 min, the reaction consisted of 35 cycles of denaturation at 95°C for 30 sec, annealing at 56-62°C for 30 sec, and extension at 72°C for 30 sec. The final extension was performed at 72°C for 5 min. The PCR products were separated by electrophoresis on 2% agarose gels (Wenmin *et al.*, 2017). The band intensities were analyzed by Lane 1D Analysis Software (Beijing Sage Creation Science Co., Ltd., Beijing, China). Three biological replicates were performed.

Statistical analysis

Statistical analysis was carried out using SPSS 17.0 software (IBM Corp., New York, USA). Data are expressed as percentages (mean \pm SEM). $P < 0.05$ was considered statistically significant.

Table I.- Sequences of primers used for quantitative real-time PCR analysis of gene expression in mouse embryos.

Primer name	Access No.	Sequence	Annealing Temp.	Size (bp)
GAPDH	BC023196	F: 5'-CATCACCATCTTCCAGGAGCG-3' R: 5'-GAGGGGCCATCCACAGTCTTC-3'	59°C	357
PPAR γ	NM001127330	F: 5'-CTGATGCTTTATCCCCACAGACTCGG-3' R: 5'-CCCTTTACCACAGTTGATTTCTCCAG-3'	62°C	253
NRF2	NM010902	F: 5'-CAGCATGTTACGTGATGAGG-3' R: 5'-GCTCAGAAAAGGCTCCATCC-3'	62°C	152
GPX3	NM008161	F: 5'-CTCCTGAGACCAGCCAAGAC-3' R: 5'-ATGGGGGTGTTGAGATACCA-3'	59°C	235
GPX4	NR110342	F: 5'-ATGCCCAGATATGCTGAGTGT-3' R: 5'-GCTAGAGATAGCACGGCAGG-3'	59°C	336
SOD1	NM011434	F: 5'-TTCGAGCAGAAGGCAAGCGGTGAA-3' R: 5'-AATCCCAATCACACCACAAGCCAA-3'	59°C	396
SOD2	NM013671	F: 5'-ATTACGCGCAGATCATGCAG-3' R: 5'-TTTCAGATAATCAGGTCTGACGTT-3'	59°C	243
SOD3	NM011435	F: 5'-ATGTTGGCCTTCTTGTCTACGG-3' R: 5'-TTAAGTGGTCTTGCACTCGCTCT-3'	62°C	756
NOX2	NM007807	F: 5'-ACCTTACTGGCTGGGATGAA-3' R: 5'-TGCAATGGTCTTGAATCGT-3'	59°C	137
NOX4	NM015760	F: 5'-CCCAAGTTCCAAGCTCATTTCC-3' R: 5'-TGGTGACAGGTTTGTGCTCCT-3'	59°C	112
DUOX1	NM001099297	F: 5'-GCGATTTGATGGATGGTAT-3' R: 5'-TAGGCAGGTAGGGTTCTTT-3'	59°C	516
NOXA1	BC047532	F: 5'-CATCACCATCTTCCAGGAGCG-3' R: 5'-GAGGGGCCATCCACAGTCTTC-3'	59°C	68

Table II.- Effect of PIO on early mouse embryos development induced by H₂O₂.

Concentration (μ M/L)	Zygote number	n	Cleavage rate	4-cell rate	Blastocyst rate
M16 (Control)	183	5	88.47 \pm 4.46 ^a	63.74 \pm 8.01 ^a	32.96 \pm 2.60 ^a
H ₂ O ₂ -treated	210	5	87.80 \pm 3.46 ^a	39.53 \pm 2.88 ^b	15.78 \pm 5.62 ^b
H ₂ O ₂ and PIO	158	5	91.86 \pm 4.33 ^a	68.57 \pm 3.87 ^a	35.94 \pm 3.97 ^a

Data are the proportions of zygotes reaching the indicated stages within each treatment. Different letters in the same column means significant difference between the treatments ($P < 0.05$). PIO, pioglitazone.

RESULTS

Effects of H₂O₂ and pioglitazone on the development of mouse embryos

Mouse embryo development was investigated by culturing zygotes in the presence of 25mM H₂O₂ for 30 min, followed by 5 μ M pioglitazone (Table II). The cleavage rate did not differ significantly between groups

($P > 0.05$). By contrast, the 4-cell stage and the blastocyst rate of embryos exposed to H₂O₂ were significantly lower ($P < 0.05$) than in the control and those treated with H₂O₂ and pioglitazone.

Effects of H₂O₂ and pioglitazone on the ROS level in mouse embryos

The intracellular ROS level plays an important role in

the development of embryos (Ali *et al.*, 2017). To quantify the ROS level by fluorescent microscopy, embryos were collected at the blastocyst stage and stained with DCHFDA (Fig. 1A). The ROS level in embryos treated with H_2O_2 was significantly higher ($P < 0.05$) than the control and those treated with H_2O_2 and pioglitazone (Fig. 1B).

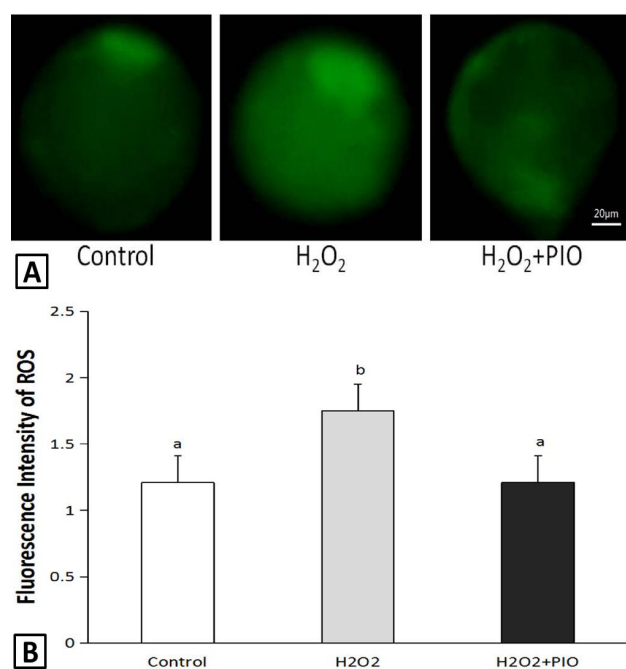


Fig. 1. Evaluation of ROS content in blastocysts: **A**, representative photographs of ROS levels in mouse embryos after staining with DCHFDA; **B**, Fluorescence intensity was quantified by Image J. Data are expressed as a mean value \pm SEM of three independent experiments. Different letters in the same picture mean the significant difference between the treatments ($P < 0.05$).

PPAR γ and NRF2 expression in mouse embryos during the MZT

Compared to the respective controls, there were no significant changes in PPAR γ and nuclear regulatory factor 2 (NRF2) expression levels in embryos treated with H_2O_2 . However, PPAR γ and NRF2 levels increased significantly ($P < 0.05$) in embryos treated with H_2O_2 and pioglitazone (Fig. 2B).

Expression of antioxidant genes downstream of NRF2 in mouse embryos during the MZT

To determine the role of pioglitazone in H_2O_2 -induced oxidative damage, the expression levels of several antioxidant enzymes in mouse embryos treated with H_2O_2 or H_2O_2 and pioglitazone were measured. Compared to the respective controls, there were no significant changes in

the expression levels of GPX4 in embryos treated with H_2O_2 . By contrast, the expression levels of GPX3, SOD1, and SOD3 increased in embryos treated with H_2O_2 , while those of GPX4 and SOD2 decreased compared with the respective controls (Fig. 3B). After the treatment of embryos with H_2O_2 and pioglitazone, the expression levels of GPX3, GPX4, SOD1, SOD2, and SOD3 increased compared to H_2O_2 treatment alone.

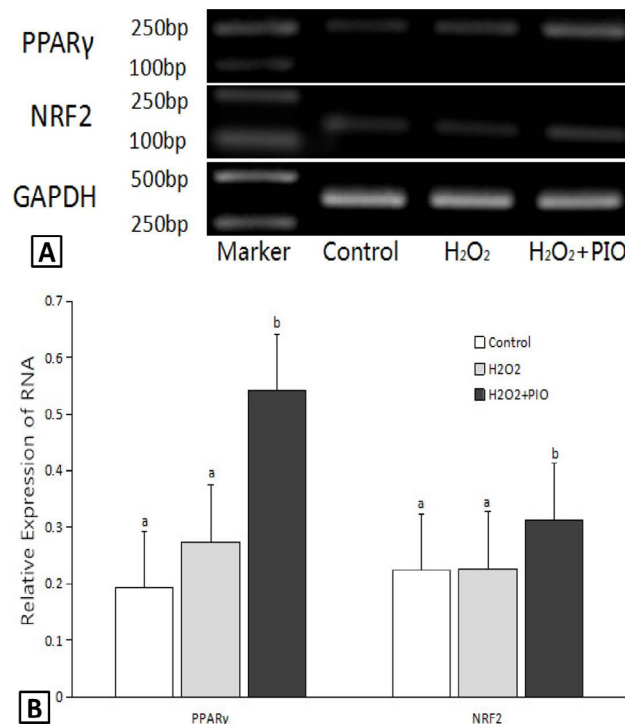


Fig. 2. The expression of PPAR γ and Nrf2 in cultured mouse embryos, which were exposed to H_2O_2 of 30 min and then treated with pioglitazone, with untreated embryos as a control. **A**, PCR results of PPAR γ and Nrf2 RNA in mouse embryos; **B**, relative expression of PPAR γ and Nrf2 RNA normalized with the internal marker GAPDH. Different letters in the same picture mean the significant difference between the treatments ($P < 0.05$).

NADPH oxidase expression in mouse embryos during the MZT transition

To further investigate the role of pioglitazone in H_2O_2 -induced oxidative damage, the NADPH oxidase expression level in mouse embryos treated with H_2O_2 or H_2O_2 and pioglitazone was measured. As shown in Figure 4B, the expression levels of NOX2, NOX4, DUOX1, and NOXA1 increased in 2-cell stage embryos treated with H_2O_2 . After the treatment of embryos with H_2O_2 and pioglitazone, the NOX2, NOX4, DUOX1 and NOXA1 level decreased compared to H_2O_2 treatment alone.

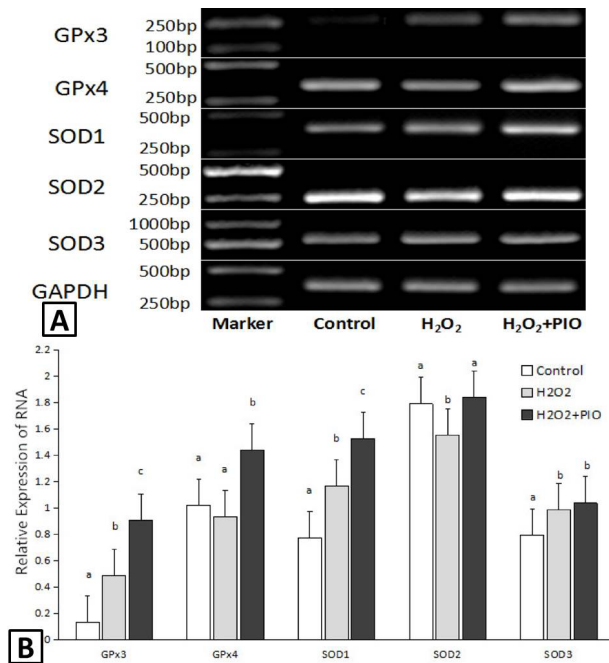


Fig. 3. The expression of GPX and SOD in cultured mouse embryos, which were exposed to H₂O₂ of 30 min and then treated with pioglitazone, with untreated embryos as a control. **A**, PCR results of GPX and SOD RNA in mouse embryos; **B**, Relative expression of GPX and SOD RNA normalized with the internal marker GAPDH. Different letters in the same picture mean the significant difference between the treatments ($P < 0.05$).

DISCUSSION

In vitro, culture conditions create a suboptimal environment for mouse preimplantation embryos (Ecker *et al.*, 2004), which are extremely susceptible to oxidative stress. Cultured embryos, whose defense mechanisms are insufficient, tend to arrest during development (Qiu *et al.*, 2003). Therefore, altering the response of cultured embryos to oxidative stress might prevent their developmental arrest.

Several studies have reported that PPAR γ agonists can activate antioxidant pathways. For instance, the PPAR γ agonist GW1929 stimulated the activity of human dopaminergic neurons and protected them from oxidative stress induced by H₂O₂ and the mitochondrial toxin rotenone (Makela *et al.*, 2016). Similar results were reported in human umbilical vein endothelial cells; H₂O₂ decreased the PPAR γ expression level, which was reversed by catalase (CAT) treatment (Blanquicett *et al.*, 2010). However, these findings are inconsistent with the results of this study. We demonstrated that H₂O₂ had no effect on the PPAR γ expression level in mouse embryos.

This discrepancy in results might be due to differences in cell culture conditions, the H₂O₂ concentration, the length of incubation, and the time of termination after treatment. Next, we determined whether pioglitazone can affect H₂O₂-induced oxidative stress and promote development. H₂O₂ treatment impaired embryo development, while pioglitazone promoted embryo development by partially alleviating the oxidative stress. This effect was independent from that of PPAR γ on oxidative stress, because the Nrf2 antioxidant pathway was activated.

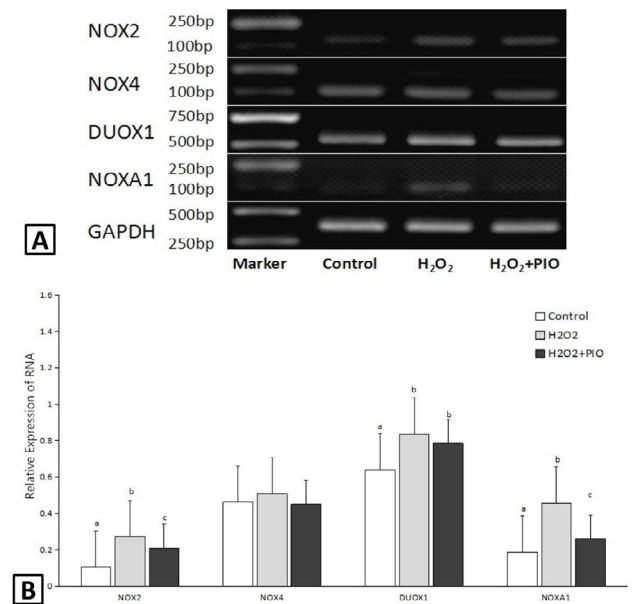


Fig. 4. The expression of NADPH oxidase in cultured mouse embryos, which were exposed to H₂O₂ of 30 min and then treated with pioglitazone, with untreated embryos as a control. **A**, PCR results of NADPH oxidase RNA in mouse embryos; **B**, relative expression of NADPH oxidase RNA normalized with the internal marker GAPDH. Different letters in the same picture mean the significant difference between the treatments ($P < 0.05$).

Under physiological conditions, Nrf2 is inactive in the cytosol, where it rapidly degrades. When cells encounter oxidative stress, active Nrf2 shuttles to the nucleus, where it binds to the antioxidant reactive element (ARE) in the promoter of antioxidant genes (Polvani *et al.*, 2012). In this study, oxidative stress failed to induce Nrf2 expression in 2-cell stage embryos. These results agree with those of Amin *et al.* (2014) who reported that the Nrf2 mRNA level in bovine embryos cultured under high-oxygen conditions (*i.e.*, 20% vs. 5%, the normal) decreased moderately. However, the Nrf2 expression level in late-stage embryos cultured under high-oxygen conditions was higher than in embryos cultured under low-oxygen conditions. It might

be because the activation of Nrf2 takes much longer time in oxidative stress environment in embryos development (Nasr-Esfahani *et al.*, 1990).

The relationship between PPAR γ , a protein of the Nrf2 antioxidant pathway, and Nrf2 is direct (Park *et al.*, 2004); in the absence of Nrf2, PPAR γ expression decreases, and vice versa. For example, PPAR γ expression was markedly reduced in Nrf2 null mice compared to wild-type mice (Cho *et al.*, 2010). Furthermore, PPAR γ agonists, such as rosiglitazone and 15d-PGJ2, upregulated Nrf2 expression, PPAR γ might also act together with Nrf2 in the activation of antioxidant genes (Park *et al.*, 2004), such as CAT, glutathione peroxidase (GPx), and superoxide dismutase (SOD). During oxidative stress, PPAR γ regulates the expression of CAT (Girnun *et al.*, 2002; Gray *et al.*, 2012), one of the two most important enzymes involved in the degradation of H₂O₂. The activation of PPAR γ also markedly increased CAT expression and activity. In rat cortical neurons, for example, pioglitazone activated PPAR, thereby inducing CAT activity (Gray *et al.*, 2012). Furthermore, the protection of endothelial cells against H₂O₂-induced oxidative stress by rosiglitazone is dependent on CAT (Girnun *et al.*, 2002).

GPx is the other important enzyme involved in the degradation of H₂O₂. Studies with PPAR γ agonists report PPAR γ to regulate GPx in different cell lines (Chung *et al.*, 2009; Pei *et al.*, 2013). In human skeletal muscle cells treated with H₂O₂, the PPAR γ agonist troglitazone upregulated GPx3 mRNA and protein levels (Chung *et al.*, 2009). Similar results were reported by Pei *et al.* (2013) who showed that rosiglitazone prevented the decrease in GPx expression and activity in rat cardiomyocytes exposed to infrasound, while O₂⁽⁻⁾ and H₂O₂ levels decreased. In the same study, rosiglitazone also upregulated SOD1 and SOD2 expression and activity (Pei *et al.*, 2013). Results from transient transfection assays, promoter analysis, and knockout mice reveal that PPAR γ regulates SOD (Flach *et al.*, 1982; Yu *et al.*, 2008). For example, SOD2 mRNA and protein levels decreased in the heart of PPAR γ knockout mice (Yu *et al.*, 2008). The PPAR γ agonist pioglitazone also elevated the mRNA levels of all three SOD isoforms. Our finding was in the line with these results.

In addition to up regulating the expression levels of antioxidant enzymes, PPAR γ downregulates NADPH oxidase expression. The different NADPH oxidase isoforms NOX1–NOX5 and DUOX1/2 play important roles in ROS generation because oxidative stress induced by H₂O₂ can activate NADPH oxidase (Wu *et al.*, 2010). Hwang *et al.* (2005) reported that PPAR γ , a negative regulator of NADPH oxidase, can reduce the production of O₂⁽⁻⁾. Similar results were reported in vascular endothelial cells, supporting the concept that PPAR γ agonists decrease

p22-phox gene expression in HUVECs. Another study reported that PPAR γ agonist ciglitazone down regulated the NOX regulatory subunit of p47-phox oxidase in phagocytes (Von *et al.*, 2002). We found that pioglitazone inhibits not only the NOX catalytic subunit but also the NOX regulatory subunit of NOXA1, crucial components of NADPH oxidase. The mechanism responsible for the decrease in NADPH oxidase expression is not clear. Based on the evidence that the PPAR γ agonist rosiglitazone decreased NADPH oxidase expression in endothelial cells via AMPK activation (Ceolott *et al.*, 2007).

CONCLUSION

In conclusion, pioglitazone functions as an antioxidant in mouse embryos by increasing the PPAR γ level, activating the Nrf2 anti-oxidative pathway, and inhibiting NADPH oxidase. These cellular events led to the suppression of H₂O₂-induced ROS production, which improved embryonic development. PPAR γ , resulting in an increase in antioxidant enzyme activity but a decrease in the NADPH oxidase level, mediated the protective effects of pioglitazone.

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Statement of conflict of interest

The authors report no conflicts of interest. The authors alone are responsible for the content and writing of this article.

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