

## Research Article

# Gene Expression Related to Steviol Glycoside Synthesis Produced in *Stevia rebaudiana* (Bert.) Shoot Culture Induced with High Far-Red LED Light in TIS RITA® Bioreactor System

Agustine Christela Melviana<sup>1</sup>, Rizkita Rachmi Esyanti<sup>1\*</sup>, Roy Hendroko Setyobudi<sup>2</sup>, Maizirwan Mel<sup>3</sup>, Praptiningsih Gamawati Adinurani<sup>4</sup> and Juris Burlakovs<sup>5</sup>

<sup>1</sup>School of Life Sciences and Technology, Bandung Institute of Technology, Jl. Ganesa 10, Bandung 40132, West Java-Indonesia; <sup>2</sup>Department of Agriculture Science, Postgraduate Program, University of Muhammadiyah Malang, Jl. Raya Tlogomas No. 246, Malang, 65145, East Java, Indonesia; <sup>3</sup>Department of Biotechnology Engineering, International Islamic University Malaysia, Jl. Gombak, 53100, Selangor, Malaysia; <sup>4</sup>Department of Agrotechnology, Merdeka University of Madiun, Jl. Serayu No.79, Madiun 63133, East Java, Indonesia; <sup>5</sup>Department of Water Management, Estonian University of Life Sciences, Tartu, Estonia; Friedrich Reinhold Kreutzwaldi 1a, 51014 Tartu, Estonia.

**Abstract** | Steviol glycosides contained in *Stevia* leaves have considerable potential uses for the natural sweetener industry due to its antidiabetic properties, hence a large number of plant source is required to supply the industry. To overcome the hindrances in the propagation of *Stevia* plants using *in vivo* methods, an alternative technique of propagation using *in vitro* methods is needed. The micropropagation method with the RITA® (Recipient for Automated Temporary Immersion System) is used in the production of a large amount of *stevia* biomass in approximately a short period. The forming of flowers is one of the limiting factors interfering with the metabolite production, as the content of steviol glycoside will decrease after plant flowering dramatically. This mechanism happened because steviol glycoside synthesis and flowering process share the same precursor. However, this interfering factor could be inhibited by using a high-red LED induction to delay the flowering stage, which may contribute to higher biomass and glycoside concentrations through greater system productivity. Hitherto, there was no significant study about the effect of far-red LED induction to improve the steviol glycoside content of *Stevia* plants, particularly at the molecular level. This research was therefore performed in the TIS RITA® bioreactor system to evaluate the effect of far-red LED induction towards biomass growth, multigene expression related to steviol glycosides, and its derivatives, and also the metabolites produced in *S. rebaudiana* plant. The result showed that the increment of biomass and gene expressions (*ent-KO*, *ent-KS*, *ent-KAH13*, *UGT85C2*, *UGT74G1*, and *UGT76G1*) in high far-red LED RITA® was higher compared with control RITA®. To conclude, the system with a far-red LED induction in TIS RITA® was proven to give a positive effect towards *stevia* shoots growth and greater metabolites production (stevioside and rebaudioside-A) up to 37.15% and 22.99%, respectively.

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**\*Correspondence** | Rizkita Rachmi Esyanti, School of Life Sciences and Technology, Bandung Institute of Technology, Jl. Ganesa 10, Bandung 40132, West Java-Indonesia; **Email:** rizkita@sith.itb.ac.id

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**Keywords** | Diabetes prevention, Improve the steviol glycoside, *In vitro* method, Micropropagation, Natural sweetener

## Introduction

The percentage of individuals with type 2 diabetes mellitus (T2DM), which is around 85 % of the population, is primarily calculated by persons with type 2 diabetes mellitus (Standl *et al.*, 2019). The rising prevalence of T2DM in the world is mainly caused by the consumption of foods and drinks containing high levels of artificial sweeteners (AS) such as sucralose, aspartame, saccharin, and acesulfame potassium. Currently, AS is widely available and utilized as calorie-free sugar replacements, although these sweeteners are known as non-nutritive sweeteners which raised the incidence of T2DM in Indonesia. The World Health Organization estimates that Indonesia is the fourth highest diabetic community in the world following India, China, and the United States (Shaw *et al.*, 2010). Therefore, the exploration of low calorie natural sweeteners is important for the country, one of them is by exploring *Stevia rebaudiana* (Bert.) plant, which is well recognized for its potential as antihyperlipidemic and insulinotropic effects.

Stevia is an herbal perennial shrub which cultivated in Indonesia because this plant produces diterpene glycosides including stevioside, steviolbioside, rebaudiosides (A, B, C, D, E) and dulcoside A (Ahmad and Ahmad, 2018). The popular herb *S. rebaudiana* is an ideal natural sugar substitute renowned for its major sweet constituents (stevioside and rebaudioside A) that provides a sweet taste 300 times sweeter than sugar (Kobus and Gramza, 2015). The plant metabolites has also been shown to be a major anti-diabetic, as the intake of stevia extract decreases significantly the blood glucose and glycosylated (HbA1c), whereas the extract greatly increases the amount of insulin and liver glycogen (Ahmad and Ahmad, 2018). Furthermore, stevia has been applied as substitutes for saccharose and treatment of diabetes mellitus, obesity, hypertension, and caries prevention by stimulating the secretion of insulin by beta-type cells of the pancreas (Goyal *et al.*, 2010). With the health benefits offered by these plants to reduce the prevailing of global's T2DM, stevia needs to be propagated in large quantities and a short time in Indonesia.

Stevia is usually propagated by the conventional method, but this method was inefficient due to the low viability of its seeds due to self incompatibility

(Ramírez and Iglesias, 2016), large variability in levels and composition of stevioside (Anbazhagan *et al.*, 2010), and less than 10 % germination rates (Razak *et al.*, 2014). *In vitro* method provides an efficient way to tackle these problems and this method is capable of growing a large number of stevia plants and less time consuming compared with the conventional methods. According to Melviana *et al.* (2020), *S. rebaudiana* shoots cultivated in RITA® (Recipient for Automated Temporary Immersion System) bioreactor with immersions of 30 min every 6 h could enhance the biomass by up to 71.11 % and reached higher productivity. By using a RITA® bioreactor, the system could be more efficient to obtain a higher biomass and secondary metabolite production. Therefore, multiplication with large quantities of stevia biomass in relatively short periods and less subculture process can be achieved by using TIS RITA® bioreactor.

Another problem in the cultivation of stevia is limited its harvesting time due to the flowering phase (Ceunen *et al.*, 2012). The steviol glycoside content will decrease significantly if the stevia plant has flowered. This phenomenon occurs because the metabolite pathway for the production of steviol glycosides and flowering process has the same precursor, ent-kaurene acid (Ceunen and Geuns, 2013). A red/far-red (R/FR) 1.22 Light-Emitting Diodes (LED) light induction to interrupt the night cycle or treatment at the end of the light cycle (end of day/ EOD) in *S. rebaudiana* plant was proven to give a positive effect on delaying the generative phase of plants and increased the genes expression related to steviol glycoside synthesis. A far-red rich LED exposure of 20 min to interrupt the night cycle of plants obtained a higher transcription factor for steviolmonoside and rebaudioside-A, in comparison to plants without any light induction. The *UGT85C2* gene in high far-red condition was approximately 5.7 higher compared with the expression in fluorescent condition without any interruption (control). Besides, the transcription of *UGT76G1*, the gene which encodes the production of rebaudioside from stevioside precursor also increased up to 92.9 times compared with control (Yoneda *et al.*, 2017).

This study aims to evaluate the expression of genes associated with the synthesis pathway of steviol glycoside production (*ent-KO*, *ent-KS*, *ent-KAH13*, *UGT85C2*, *UGT74G1*, and *UGT76G1*) from shoot culture of *S. rebaudiana* which cultivated in TIS RITA®

bioreactor system with high far-red LED exposure. In *Stevia*, the metabolite production begins when geranylgeranyl diphosphate (GGDP) is converted into steviol by the consecutive action of four enzymes namely copalyl diphosphate synthase (CPPS), kaurene synthase (KS), kaurene oxidase (KO) and kaurenoic acid hydroxylase (KAH). For the first, geranyl geranyl diphosphate (GGPP) is transformed to ent-copalyl diphosphate by copalyl diphosphate synthase (CPS), and then ent-copalyl diphosphate is cyclized to ent-kaurene by kaurene synthase (KS) encoded by *ent-KS* genes. Then, ent-kaurene is oxidized and hydroxylated to become kaurenoic acid by kaurene oxidase (KO) which is encoded by the *ent-KO* genes. At last, *ent-KAH13* encoded the synthesis of kaurenoic acid 13-hydroxylase (KAH) which responsible to convert kaurenoic acid into steviol (Brandle and Telmer, 2007). UGT85C2, UGT74G1, and UGT76G1 are UDPglycosyltransferases (UGT) that catalyze sugar-transferring reactions to add glucose to the steviol basic skeleton. UGT85C2 catalyzes the synthesis of steviolmonoside from steviol, UGT74G1 catalyzes the synthesis stevioside from steviolbioside, and last, UGT76G1 catalyzes and add glucose to stevioside to form rebaudioside-A (Mohamed *et al.*, 2011).

## Materials and Methods

### Culture medium preparation

Two types of media, semi solid media and liquid media were used in all *stevia* micropropagation. The semi-solid media is used for initiation and subculture processes, while the liquid medium is used for the pre-acclimation process with thin layer systems and also for bioreactors. All mediums used 30 g L<sup>-1</sup> sucrose, Kinetin as plant growth hormone with 1 mg kg<sup>-1</sup> concentration (Melviana *et al.*, 2021). The half-strength MS salts without a gelling agent were used in pre-acclimation and bioreactor medium. The pH of each medium was adjusted to 5.8 and autoclaved at 121°C for 15 min. Then, the sterilized media was added by 200 mg kg<sup>-1</sup> Augmentin for additional prevention of bacterial contamination.

### Shoot culture in RITA<sup>®</sup> bioreactor

Bioreactors were assembled and the airflow was adjusted by an automatic timer with 30 min immersion time, scheduled every 6-h (Melviana *et al.*, 2020). The control bioreactor (RITA<sup>®</sup> 1) was exposed to 2000 lx to 2500 lx ordinary white fluorescent lamps for 16/8 h daily photoperiod. While high far-red ratio

bioreactor (RITA<sup>®</sup> 2) treated with 4 800 lx to 6 000 lx R:FR LED light exposure ( $\lambda = 660\text{nm}$  and  $730\text{nm}$ , with  $98.9 \mu\text{mol m}^{-2} \text{s}^{-1}$  of High far-red) for 1 h during the night period. The irradiance of far-red light to the culture was adjusted with a spectroradiometer (LI-1800, LI-COR, Inc., USA).

### RNA isolation and cDNA synthesis

Every apical shoot from bioreactor RITA<sup>®</sup> was collected, cut, and processed for RNA isolation. RNA was isolated using the *SV Total RNA Isolation System* (Promega) kit, according to the manufacturer's instructions. Only RNA samples of great purity ( $A_{260}/A_{280} > 1.70$ ) were used in cDNA synthesis. cDNA synthesis was processed by using *iScript<sup>™</sup> cDNA Synthesis* kit and protocol.

### Polymerase Chain Reaction (PCR) and Quantitative-Polymerase Chain Reaction (qPCR)

Every 1  $\mu\text{L}$  cDNA was amplified by using *ABI Veriti thermal cycler* to obtain the gene fragment, i.e: *Ent-KS*, *Ent-KO*, *Ent-KAH 13* UGT85C2, UGT46G1, UGT66G1, and  $\beta$ -Actin (Reference gene). The amplification process used was GoTaq<sup>®</sup> Green Master Mix reagents from Promega (Catalog No. M7122). The amplification process used specific primers pre-designed by using NCBI and Primer 3+ (Table 1). Furthermore, the quantification of genes related to steviol glycosides production used SsoFast<sup>™</sup> Evagreen<sup>®</sup> (No. catalog# 172-5200) dyes. qPCR assays were done in Bio-Rad CFX iCycler<sup>®</sup> 96<sup>™</sup> Thermal Cycler (USA) and integrated with iQ<sup>™</sup>5 Real-Time PCR detection system (USA). Data from the Real-Time PCR (qPCR) was analyzed using the relative method (Livak and Schmittgen, 2001). qPCR quantification results were obtained in the form of Ct values where the  $\Delta\Delta\text{Ct}$  value for every gene was normalized to  $\beta$ -actin and subsequently normalized to the value obtained for the control using the  $2^{-\Delta\Delta\text{Ct}}$  method.

### Metabolites analysis

The accumulation of stevioside and rebaudioside-A of *S. rebaudiana* *in vitro* shoot culture were analyzed using HPLC (High-Performance Liquid Chromatography) with methanol: water (8:2) eluent and flow rate of  $0.5 \text{ mL min}^{-1}$ . Based on quantification by calibration adjustment using the pure standard of stevioside solution (Sigma Aldrich, USA), stevioside compounds of *S. rebaudiana* shoots were detected at 10.4 min to 10.6 min, in contrast, rebaudioside-A were detected at 6.6 min to 9.9 min.



**Table 1:** The primer design of oligonucleotides used to amplify genes related to the synthesis of steviol glycoside.

Name	Forward/Reverse	Amplicon (base pair)	T <sub>m</sub> (°C)
Ent-KS	F CTTGACGGGGGTACTGTTGT	198	57.00
	R CAACGAACAACCACCAAGTG		54.60
Ent-KO	F AGAAACACCGCATCCATAGG	195	54.80
	R GTTTACCGCTAGCTCGGTTC		55.70
Ent-KAH13	F CCGACTCCATTACCTTTGT	206	55.00
	R ACTTGATGGGGATGAAGACG		54.50
UGT85C2	F CTTCGTCAACACCGACTTCA	203	55.00
	R AACCGACAAGAACCCATCTG		55.00
UGT74G1	F CCACAGTAACACCACCACCA	172	57.30
	R TTGTGAAGACCCAACGTGCT		57.10
UGT76G1	F ACTCCCCAAGCATTTGACAG	167	55.30
	R CAACCAACCCACGAGCTATT		55.30
β-Actin	F CTTGATCTTGCTGGTCGTGA	158	54.90
	R GCGGTTTCAAGTTCTTGCTC		54.70

**Table 2:** Biomass production in RITA® control and high Far-Red LED.

RITA® Bioreactor	Average initial mass (g) ± SD		Average final mass (g) ± SD		Growth rate (g DW/day)	Productivity (g. L <sub>medium</sub> <sup>-1</sup> d <sup>-1</sup> )
	Fresh weight	Dry weight	Fresh weight	Dry weight		
Control	4.300 ± 0.000	0.610 ± 0.000	12.375 ± 0.134	1.395 ± 0.021	0.039 ± 0.001	0.150 ± 0.006
High far-red LED	4.300 ± 0.000	0.610 ± 0.000	14.820 ± 0.127	1.904 ± 0.055	0.054 ± 0.001	0.246 ± 0.011

## Results and Discussions

### Shoot multiplication in RITA® bioreactor

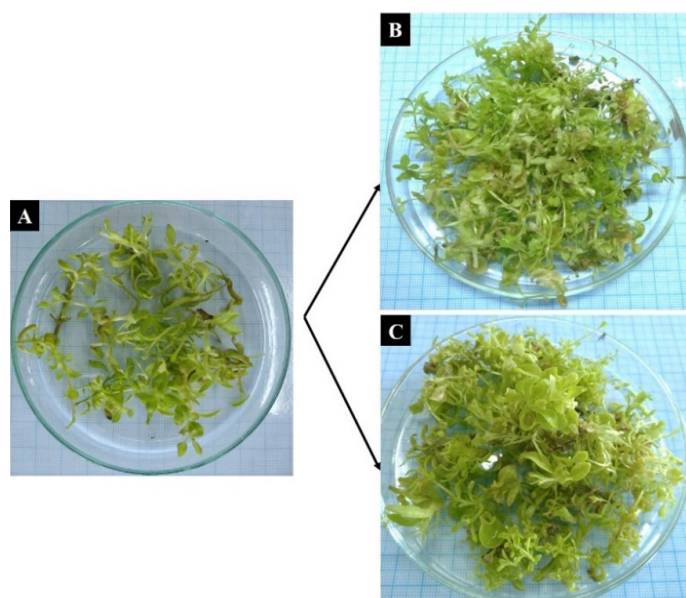
*S. rebaudiana* shoots were then cultivated in RITA® bioreactor for 3 wk. According to Table 2, RITA® LED (exposed with high far-red light LED every 1 h on dark cycle) gave the highest multiplication of stevia shoots compared with RITA® LED, with an average initial mass increase of shoots for RITA® LED was 89.71 % ± 5.83 %, while RITA® control (without any interruption of high far-red LED) only 76.90 % ± 4.85 %. The growth rate of *S. rebaudiana* cultivated in RITA® LED minutes was greater than RITA® Control (Figure 1). Results showed that the growth rate of *S. rebaudiana* in RITA® LED was 0.054 g ± 0.001 g DW d<sup>-1</sup> with doubling time (dt) 12.793 d ± 0.326 d while in RITA® Control was 0.039 g ± 0.001 g DW d<sup>-1</sup> with a dt 17.6 d ± 0.553 d. The observation of culture in the RITA® bioreactor showed that 3 wk growth of culture in RITA® high far-red LED system was better than RITA® control system.

Analysis of the expression of genes associated with the synthesis pathway of steviol glycoside production RNA isolation needs to be done to determine the effect of high far-red LED light exposure on gene

expression related to steviol glycosides synthesis i.e: *ent-KO*, *ent-KS*, *ent-KAH13*, *UGT85C2*, *UGT74G1*, and *UGT76G1*. The results confirmed with the purity number of RNA, measured by using NanoDrop ( $\lambda = 260\text{nm}$  and  $280\text{nm}$ ). The best purity number of RNA was more than 1.8 by measuring the Optical Density method at  $\lambda_{260/280}$  nm (Fleige and Pfaffl, 2006). The result showed from eight samples (both controls and treatments), all RNA nearly had a good quality because the ratio  $\lambda_{260/280}$  was in the theoretical range. The average of RNA integrity for the control was  $1.84 \pm 0.08$ , while the quality for the treatment sample was  $1.89 \pm 0.07$ . Based on the results of RNA isolation, the eight samples yielded two bands of RNA and the quality test results show that the RNA also can be used for the cDNA synthesis process.

Amplification of genes related to steviol glycosides synthesis from cDNA of *S. rebaudiana* shoots was performed to confirm the presence of amplicon bands of the target genes before the qPCR process. Amplification of genes using PCR methods produced gene fragments corresponding to their respective size, which were about 198 base pair (bp) *ent-KS*, 195 bp for *ent-KO*, 206 bp for *ent-KAH13*, 203 bp for *UGT85C2*, 172 bp for the *UGT74G1*, and 167 bp

for *UG7661* gene. Amplification was also performed on the house-keeping gene,  $\beta$ -Actin, with amplicons size about 158 bp. The selection of the reference gene was based on the most stable expression value (Ct) of  $\beta$ -actin in *S. rebaudiana* samples when compared to the expression of the ubiquitin, GAPDH, and 18S rRNA genes (Modi *et al.*, 2014).

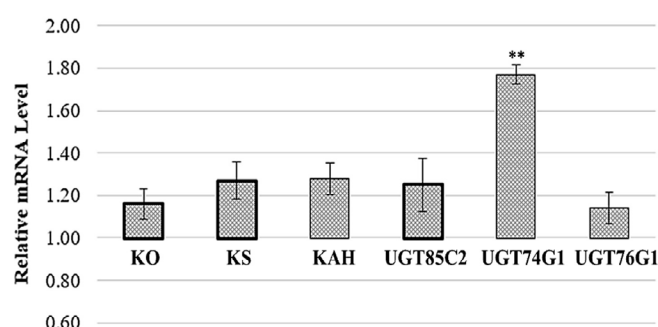


**Figure 1:** Shoots before and after cultivation in RITA<sup>®</sup> bioreactor: (A) Day 0; (B) Days 21 for RITA<sup>®</sup> Control (No Exposed with High Far-Red LED Light); and (C) Days 21 for RITA<sup>®</sup> LED (Exposed with High Far- Red Light LED for 1 hour during night cycle).

The amplification process was carried out at various temperature ranges [(54.4; 55.4; 56.3; 57.7; 58.8; 59.5 and 60) °C] to determine the optimum annealing temperature. It was found that at 58.8 °C, all genes were well amplified and the quality of DNA bands was better compared to another annealing temperatures, so 58.8 °C was chosen to be the annealing temperature in qPCR.

The results of the analysis using the qPCR method indicate that there was a difference in the relative expression level of genes related to steviol glycoside synthesis between RITA<sup>®</sup> Control group and RITA<sup>®</sup> high far-red LED group. In the RITA<sup>®</sup> LED treatment, the accumulation of all genes related to steviol glycosides synthesis improved (up-regulated) (Figure 2). The results showed that increased expression levels occurred in the *ent-KO* genes (~1.16 times), *ent-KS* (~1.27 times), *ent-KAH* 13 (~1.28 times), *UGT85C2* (~1.25 times), *UGT74G1* (~1.77 times) and *UGT76G1* (~1.14 times) on *S. rebaudiana* shoots which cultivated in RITA<sup>®</sup> LED bioreactors. The highest increment which statistically significant

by the t-test method was the *UGT74G1* expression. This gene encoding the steviolside production from steviolbioside precursors.



**Figure 2:** Gene expression profiles related to steviol glycosides synthesis of *S. rebaudiana* shoot cultivated in RITA<sup>®</sup> high far-red LED bioreactors compared with control (as a baseline with 1 relative mRNA level); (\*\*: significantly different by student's test with *p*-value < 0.01).

*Stevia* plants grow as a short lived perennial and to delay the flowering process, plants need to be given the addition of a longer light cycle (Ceunen and Geuns, 2013). In this experiment, *stevia* plants were treated with long-term plant conditions (much longer lighting compared to dark cycles, i.e 16 h light and 8 h of darkness). In addition, environmental manipulation is carried out to slow down the flowering process in *S.rebaudiana* shoot culture by interrupting the night cycle with a high far-red LED. Light perception in all plants is mediated by the red/far-red light-receptor and blue light-receptor phytochromes (phyA–E). Furthermore, the phytochrome which depending on the light intensity present in two different forms, red-light absorbed (Pr) and far-red light absorbent (Pfr). Red light stimulates phytochrome by converting Pr to Pfr while far-red light reduces the amount of active form by converting Pfr back into Pr (Endo *et al.*, 2013).

One of the receptors for red or far-red light in the plant is Phytochrome B (phyB) which is able to enter the nucleus and regulate the transcription of the key of the flowering factor, CONSTANS (CO) (Iñigo *et al.*, 2012). The elevation in the level of CO protein, in turn, up-regulates the expression of flowering Locus T (FT), which encodes the mobile florigen and accelerate the flowering process (Higuchi, 2018). Gibberellin, an endogenous plant hormone that are essential flowering regulators and unfortunately this hormone synthesized through many steps from geranylgeranyl diphosphate, and ent-copalyl diphosphate synthase (CPS), and ent-kaurene

synthase (KS) (Guan *et al.*, 2019). It can be seen that KS for gibberellin production is also the precursor for steviol glycoside synthesis, hence, to get more KS for steviol glycoside and its derivatives synthesis then the flowering process in stevia needs to be delayed. By minimizing the number of active phytochrome B which activates the genes related to flowering, it was expected that flowering can be delayed by inactivating the PhyB (Hajdu *et al.*, 2015). As a result, if the flowering process can be repressed so ent-kaurene acid precursors will lead to the production of steviol glycosides rather than produced gibberellin hormone for flowering.

The main purpose of interruptions by high far red-LED in the dark cycle of plants cultivated in RITA® TIS bioreactor was to increase the expression of *ent-KAH13* genes indirectly. A high far red-LED LED interruption during the night period (1.22 Pfr ratio) will make the plant B phytochrome inactive and increased the expression of *ent-KAH13* genes. If the level of expression of *ent-KAH13* genes was higher, it means that more acid compounds will be produced and these compounds may become precursors for the production of steviosides and rebaudiosides-A. Basically, the level of gene expression cannot be directly correlated with the amount of metabolite produced, because there is a post-translational phenomenon that may affect the protein profile. However, an effort to produce more precursor of the steviol glycosides (kaurene acid), has been successfully carried out with a high far-red LED light exposure to interrupted the dark cycle of stevia plants had a positive effect on the deceleration of the vegetative phase to the generative phase (flowering phase) (Yoneda *et al.*, 2017).

#### Metabolites analyses

The stevioside content of RITA® Control amounted to only  $6.956 \mu\text{g g}^{-1} \pm 0.576 \mu\text{g g}^{-1}$ , while the high far-red RITA® LED bioreactor reached  $11.067 \mu\text{g g}^{-1} \pm 0.383 \mu\text{g g}^{-1}$ . A high far-red LED interruption in the night cycle proven to increase the percentage of stevioside accumulation per plant up to four times compared with plants without red light LED interruption (Yoneda *et al.*, 2017). The results showed the same pattern where there was an increase of stevioside accumulation in RITA® far-red LED bioreactor by 37.15 % when compared with RITA® Control. The rebaudioside-A content of RITA® Control amounted only  $4.624 \mu\text{g g}^{-1} \pm 0.340 \mu\text{g g}^{-1}$ , while the high far-red RITA® LED bioreactor reached  $6.004 \mu\text{g g}^{-1} \pm 0.013 \mu\text{g g}^{-1}$ .

In other words, rebaudioside-A content increased up to 22.98 % in RITA® high far-red LED bioreactor when compared with RITA® Control.

## Conclusions and Recommendations

The biomass in far-red LED RITA® increased by  $1.702 \text{ g} \pm 0.114 \text{ g}$  compared to control RITA® control (no exposure) which only increased by  $0.953 \text{ g} \pm 0.093 \text{ g}$ . In conjunction with the increase of biomass, the productivity of *S. rebaudiana* in the far-red LED RITA® system was  $0.246 \text{ g.L}_{\text{medium}}^{-1} \text{ d}^{-1}$ , whereas in Control RITA® was only  $0.150 \text{ g.L}_{\text{medium}}^{-1} \text{ d}^{-1}$ . Plantlet exposed to high far-red light LED exhibited an increment of expression levels on all genes related to steviol glycoside synthesis. The stevioside and rebaudioside-A content analyzed in HPLC were 37.15 % and 22.99 % higher compared to the plantlet cultured in RITA® controls. The natural sweetener industry always produces stevioside and rebaudioside-A, so it can be concluded that by applying far-red LED light in the middle of the night cycle of plants, this system provides an easy and inexpensive way to increase these two metabolites production. This could be an easy way to prolong the growing season on the Stevia plantations in Indonesia: by using the specific far-red LED then the number of harvests could be reduced while the industry may effectively increase the leaf biomass and metabolites yield.

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## Novelty Statement

Various studies have shown that the propagation can be improved by using tissue culture and also environment manipulation by using high far-red induction. Unfortunately, the previous study never reported using these two techniques at the same time to produce greater natural sweetener metabolites. This study is the first study to collaborate on the micropropagation technique which is optimized in TIS RITA® bioreactor with the addition of high far-red LED induction. As a result, there was a significant increment for biomass growth, gene expression, and metabolites production in *S. rebaudiana* culture. This article is the first study that succeeds to enhance the gene expression related to steviol glycoside



synthesis from 1.16 up to 1.8 fold and followed with metabolites production which higher by 22 % to 38 %. Furthermore, the study is the first article that provides an easy and inexpensive way to increase the production of sweetener metabolites by applying far-red LED light in the middle of the night cycle of *S. rebaudiana* shoot culture which was cultivated in TIS RITA® bioreactor.

## Author's Contribution

**Agustine Christela Melviana:** Concepts, design, literature search, experimental studies, data acquisition, and manuscript preparation.

**Rizkita Rachmi Esyanti:** Concepts, design, definition of intellectual content, and literature search.

**Roy Hendroko Setyobudi:** Definition of intellectual content, literature search, manuscript editing, manuscript review, and guarantor.

**Maizirwan Mel:** Definition of intellectual content, literature search, manuscript review, and guarantor.

**Praptiningsih Gamawati Adinurani:** Definition of intellectual content, literature search, and statistical analysis.

**Juris Burlakovs:** Definition of intellectual content, literature search, and manuscript review.

## Conflict of interest

The authors have declared no conflict of interest.

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