



Research Article

Evaluation of Changes in Calcium Levels in Patients Suffering from Cancer

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Abstract | The major need of body is calcium because it is main nutrient for bones. Cancer is more prevalent in males (n=17) 57% than females (n=13) 43%. Cancer can affect level of calcium in body. The most frequent cancer type among males is blood cancer. Electrolytes are minerals carry vital charge. These are essential for maintaining or carrying vital body function. These carry out cell functions i.e hydration, muscle contraction, heart beating and conduction of nerve impulse. These include calcium, magnesium, sodium, potassium, chloride etc. Calcified body parts like teeth and bone contain calcium, which firm the bony parts and important factor in blood clotting and circulation purpose was to evaluate serum calcium level in patient's blood. Blood samples were collected from cancer patients from MAYO hospital LHR during the time period April 2018 to May 2018. Some cancer patients have increased calcium level in blood. Cancer is more prevalent in males (n=17) 57% than females (n=13) 43%. The most frequent cancer type among males is blood 41cancer (n=5) 36%, lung cancer (n=3) 22% and oral cancer (n=3) 22%. In females breast cancer (n=5) 32% is most prevalent, followed by blood cancer (n=4) 25%, colon cancer (n=3) 9%. Cancer patients with hypocalcaemia were (n=20) 67%). Cancer patients ranging from 21-40 years have high prevalence of hypocalcaemia (n=11) 57%. Hypocalcaemia in cancer patients is commonly encountered, in hospitalized patients due to side effect of chemotherapy or other drugs.

Received | February 10, 2020; **Accepted** | January 11, 2021; **Published** | June 05, 2021

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Citation | Saleem, M., Tahir, M., Ilyas, M., Malik, A., 2021. Evaluation of changes in calcium levels in patients suffering from cancer. *Journal of Innovative Sciences*, 7(1): 136-141.

DOI | <https://dx.doi.org/10.17582/journal.jis/2021/7.1.136.141>

Keywords | Calcium, Cancer, Hypocalcemia, Male, Female

1. Introduction

Calcium is unnecessary growth of body own cells. There are over 100 type of cancers. Calcium reduces proliferation of cell and may cause them to die. Cancer treatments increase the calcium level of body and help in controlling cancer cells. Cancers of different origins have different features.

Carcinomas are originated from body epithelial cells. While sarcomas are from connective tissues i.e fat, vessels etc. Calcium plays crucial role, calcium ions level

is firmly regulated in body, where key mineral storage site is bone. Under controlled conditions calcium ions are released in bloodstream from bones (Brini *et al.*, 2013). Parathyroid gland secretes parathyroid hormone from parathyroid gland maintains the level of calcium in body. When blood deprived of calcium it causes to reabsorb more calcium.

Protein coupled receptors are responsible to maintain blood calcium level within normal range by regulating parathyroid hormone (PTH) production. Renal calcium handling modulates cell proliferation

and differentiation as well as the production of parathyroid hormone related proteins (Chang and Wysolmer 2016).

Hypo and hypercalcemia are both life threatening conditions. Hypercalcemia leads to nerve paralysis or loss of muscle control and hypocalcaemia cause paralysis and milk fever are down syndromes. Myeloma cancers increase calcium to threshold level. Rise in calcium is due to any of above factors CSFR or parathyroid regulation etc. Tumors due to rise in calcium may affect almost every body part. Mainly bronchioles, prostate, myelomas etc.

The majority of bone metastasis causes are breast and prostate cancer. Bone metastasis is common in adults and much common then primary bone cancer. Drugs such as diuretics, fluorides, glucose and laxatives cause decrease in level of calcium. In tumor lysis syndrome, group of abnormalities occur during treatment of cancer where large number of cells are killed off. This condition usually occurs after treatment of lymphomas and leukemia's. Recent advances in our knowledge of normal bone metabolism and calcium regulation have led to new concepts of calcium level with cancer (Cheuk *et al.*, 2014).

2. Materials and Methods

Blood samples were collected from Mayo hospital during the time period from April 2018 to May 2018. Experimental work was done in the Madina lab. & Medical Center and Clinical Lab Sir Ganga Ram Hospital, Lahore. Sample was allowed to stand for 10 min before starting the procedure. Blood samples were centrifuge in centrifuge machine for 5 min at 290 rpm. After the centrifugation process the blood serum was separated from the blood cells which sink down in the tube and serum comes on surface. The kit which we use for performing calcium test was RANDOX CALCIUM (Ca). It comes with the four reagent bottles, Standard (CAL), Buffer (R1), Chromogen (R2), EDTA (R3). Two test tubes were taken and marked as Ca standard and Ca Sample. R1 and R2 (500 µl) were added to the Ca Standard with the micropipette. R3 (25 µl) was added with the micropipette. Color was changed to violet. R1 and R2 (500 µl) were added to the Ca Sample with the micropipette. Blood serum (25 µl) was added with the micropipette. Color was changed to violet (Annexure D). Ca standard and Ca sample was placed in water

bath for 10 mins at 37°C. Clinical chemistry analyser METROLAB1600 was used for further assay. Firstly method was selected for calcium test which was 16. Read water absorbance of distilled water. Read reagent blank (distilled water). Read standard (Ca standard) note the reading which was 10 mg/dl. Read next sample (Ca standard as sample) reading was approximately 10.2 mg/dl. Read next sample (Ca sample with blood serum). Read the reading on screen which can vary between 8.5- 10.5 mg/dl and print it out.

3. Results and Discussion

Blood samples were collected from cancer patients from MAYO hospital LHR during the time period April 2018 to May 2018. Total no of cancer patients was thirty (n=30). Thirteen (n=13) 43% male cancer patients out of total seventeen (n=17) 57% were diagnosed with hypocalcemia (Annexure A). Seven (n=7) 23% female cancer patients out of total thirteen (n=13) 43% were detected with hypocalcemia (Annexure B). Taken as a whole, out of thirty (n=30) cancer patients twenty (n=20) 67% were reported as hypocalcemic and ten (n=10) 33% were spotted with normal serum calcium level (Table 1, Figure 1). Mainly the cancer patients were divided in three age groups. Group 1 compose of patients less than twenty years (< 20 yrs), group 2 compose of patients from twenty one to forty years (21Y-40 yrs) and group 3 was compose of patients fall between forty one to sixty years (41Y-60 yrs). Out of seventeen (n=17) male cancer patients, three (n=3) were reported fall within the range of < 20 years, six (n=6) were reported fall within the range 21-40 years and eight (n=8) were reported fall within range of 41-60 years (Table 2). Most of the male cancer patients (61%) diagnosed with hypocalcemia fall within the range of 41-60 years, Four (n=4) 31% male cancer patients with hypocalcemia fall in the range of 21-40 years, least (n=1) 8% were reported with hypocalcemia fall within range of < 20 years (Figure 2). Out of thirteen (n=13) female cancer patients, one was reported fall within the range of < 20 years, ten (n=10) were reported fall within the range 21-40 years and two (n=2) were reported fall within range of 41-60 years (Table 3). Most of the female cancer patients diagnosed with hypocalcaemia were seven (n=7) fall within the range of 41-60 years, other two age groups were not spotted with any hypocalcemic patients (Figure 3). Collectively most cancer patients diagnosed with hypocalcaemia (53%)

were reported to fall within the range of 21-40 years (Figure 4). Least cancer patients with hypocalcemia (14%) were reported to fall within the range of < 20 years (Figure 4). In cancer patients collectively most prevalent cancer type was blood cancer 30%, followed by breast cancer and colon cancer 17% than lung cancer and oral cancer 13%. Least occurring cancer type was bone cancer 7% and uterine cancer 3% (Table 4, Figure 7). In female cancer patients most Serum calcium in cancer patients according to gender.

Table 1: Investigation of total no. of male and female cancer patients according to serum calcium level.

Genders	Total no of patients	Patient with low Calcium level	Patients with normal Calcium level
Males	17	13	4
females	13	7	6
Total	30	20	10

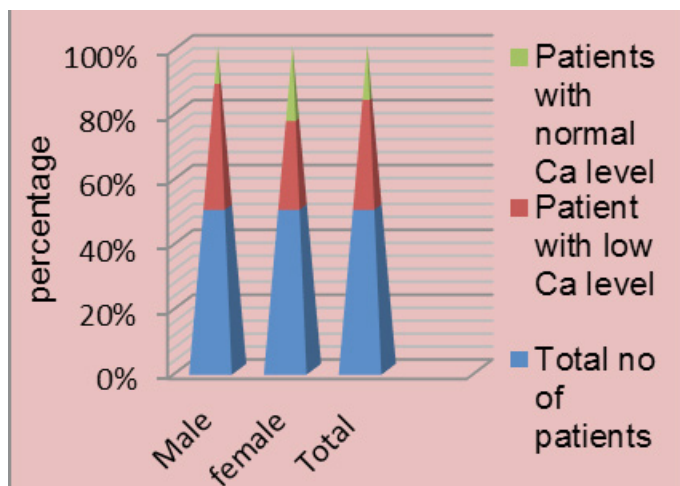


Figure 1: Prevalence of serum calcium level in cancer patients according to gender.

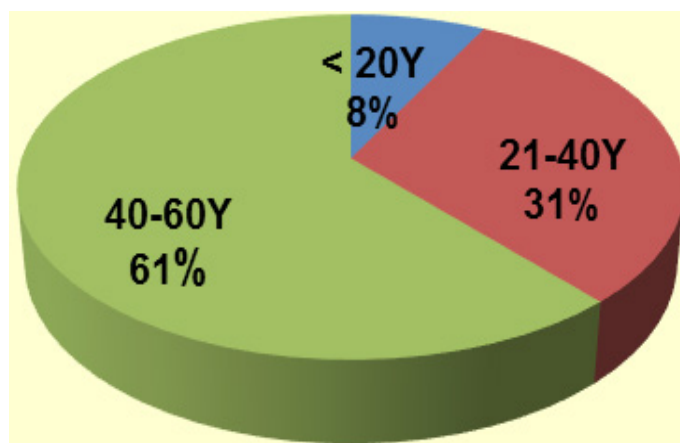


Figure 2: Percentage of low serum calcium level with respect to age groups in male patients.

Table 2: Analysis of serum calcium level according to different age groups in male cancer patients.

Age groups	Total no of patients	male with low Calcium level	male with normal Calcium level
< 20Y	3	1	2
21Y-40Y	6	4	2
41Y-60Y	8	8	0

Table 3: Frequency of female cancer patients in different age groups with respect to serum calcium level.

Age groups	Total no of patients	female with low Calcium level	female with normal Calcium level
< 20Y	1	0	1
21Y-40Y	10	7	3
41Y-60Y	2	0	2

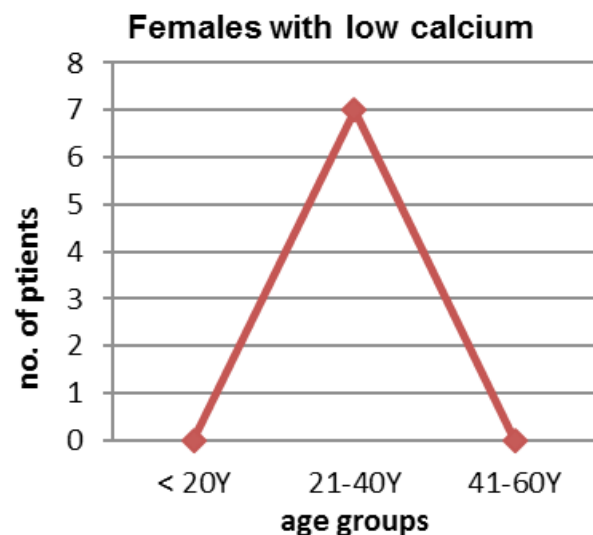


Figure 3: Evaluation of low serum calcium level with respect to age groups in female patients.

Lung cancer is prevalent in our Pakistan. Change in life style , smoking, alcohol consumption etc enhancing its prevalence. Smokers are 10 times more at risk. Similarly addictive of caffeine, niswar etc are more at risk. The result of conducted study reveal, sexual Hormones, dietary habits, exposure to the carcinogens increase cancer risk more in men than women because alcohol consumption, smoking, increase the risk of cancer in male then in females as ratio range in men is 7.4 million and in women= 6.6 million cancer are diagnosed (Yavuz, 2016). Total no of cancer patients was thirty (n=30). Thirteen (n=13) 43% male cancer patients out of total seventeen (n=17) 57% were diagnosed with hypocalcemia. Seven (n=7) 23% female cancer patients out of total thirteen (n=13) 43% were detected with hypocalcemia. Taken

as a whole, out of thirty (n=30) cancer patients twenty (n=20) 67% were reported as hypocalcemic and ten (n=10) 33% were spotted with normal serum calcium level (Table 1, Figure 1). Hypocalcemia may affect up to 70% of cancer patients (Hastbacka *et al.*, 2003) According to conducted study most cancer patients diagnosed with hypocalcemia (53%) were reported to fall within the range of 21-40 years (Figure 4). Least cancer patients with hypocalcemia (14%) were reported to fall within the range of < 20 years (Figure 4). All diagnosed cancer in male=4.6% In children=64.3% in adults=31.2% and in females=2.0% diagnosed (Sarwar and Saqib, 2016). Results of the study reveals that in cancer patients collectively most prevalent cancer type was blood cancer 30%. In female cancer patients percentage was 25% (Figures 5) and in male cancer patients blood cancer was 36% (Figure 6). Blood cancer effect the people in every age ,if it occurs in child then we called it leukaemia. Accute lymphoblast (ALL) what is acute? The lymphatic system lymphoid cells are burst so, this is called the accute lymphoblast (Altaf, 2017). Among female cancer patients most frequent cancer type was breast cancer 32% (Figures 5).

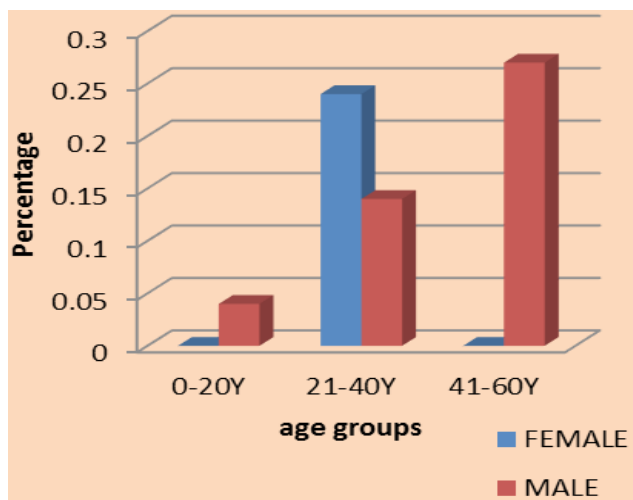


Figure 4: Comparison of hypocalcemia of female and male cancer patients with respect to age groups.

Breast cancer possess a major health issues for women in all over the world one million women diagnose every year for breast cancer (Altaf, 2017). Among female cancer patients most frequent cancer type was breast cancer 32% (Figures 5) (Menhas and Umer, 2015). Collectively patients was 13%. Male patients 22% (Figure 6) and least prevalent in 6% (Figures 5) (Ferlay, 2010). Bone cancer accounts least prevalence of total cancer rate. Rate of bone cancer is more in males 7% (Figures 5) than female patients 6% (Figure

6). Bone malignancies accounts for only 0.2% of all malignancies in the USA and UK; however in children it account approximately 5% of malignancies (Dorfman and Czerniak, 1995). Colon cancer account 9% of total cancer rate which was in male patients was 14% and least frequents in female patients 9% (Figures 5 and 6). Global research shows rate of colon cancer which is 9% of total cancer rate.

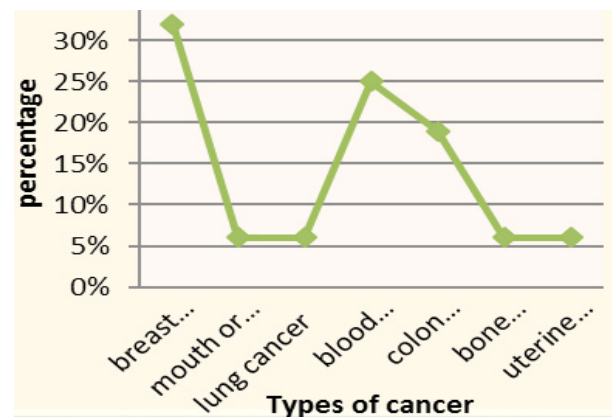


Figure 5: Percentage of different cancer types diagnosed in female cancer patients.

Table 4: Frequency of different cancer types among male and female patients.

	Total no. of patients	Female patients	Male patients
Breast cancer	5	5	0
oral cancer	4	1	3
Lung cancer	4	1	3
Blood cancer	9	4	5
Colon cancer	5	3	2
Bone cancer	2	1	1
Uterine cancer	1	1	0

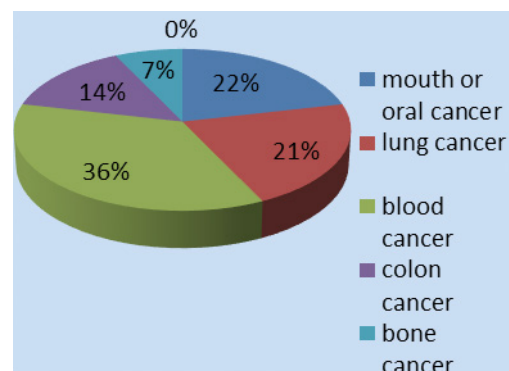


Figure 6: Percentage of different cancer types diagnosed in male cancer patients.

Another prevalent type of cancer is blood cancer. It effect all age groups. In child decrease leukocytes or acute lymphoblasts are major cause of mortality.

About 70 percent of cancer cases are blood cancers. Breast cancer also gaining popularity mainly due to lack of awareness among women. Now its awareness has been rising by diff govt projects, health care departments and NGOS.

paper and further corre-sponding. Maria Tahir and Kishwer Badar helped in writing paper.

Conflict of interest

The authors have declared no conflict of interest.

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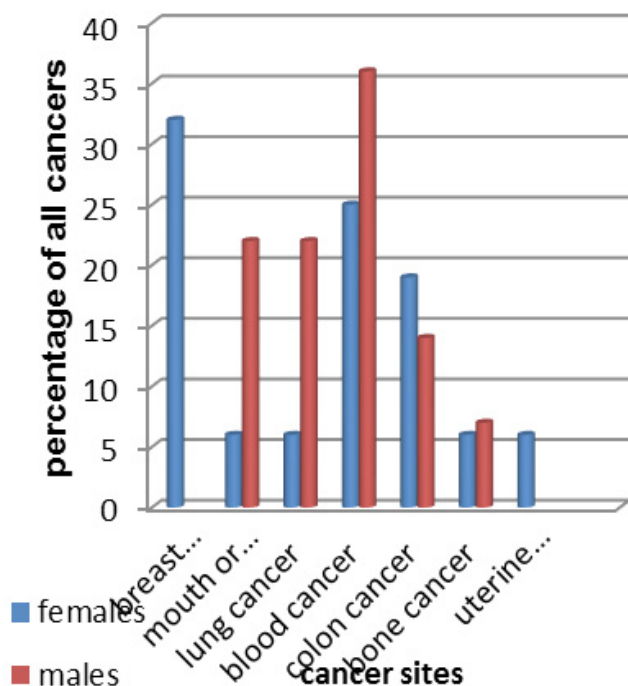


Figure 7: Proportion of cancer by site in female and male cancer patients.

Conclusions and Recommendations

In patients with cancer, hypocalcaemia is common. Different mechanisms have been identified which are responsible for hypocalcemia in cancer patients. Cancer may reduced activity of parathyroid glands and deficiency of vitamin that cause hypocalcemia. Tumor lysis syndrome is also responsible for causing hypocalcemia. Drugs used in cancer treatments show adverse effect in reducing serum calcium level by effecting vitamin D concentration. Studies indicate that males are more prone to cancer manly blood cancers, females have more prevalence of breast cancer.

Novelty Statement

Evaluation of changes in calcium level in cancer patients is actually a marker or risk associated factor with cancer. Its may also called liquid biopsy to predict the cancer in coming future.

Author's Contribution

Mehwish Saleem designed the study and edit the

- predictive value of ionized hypocalcemia among critically ill patients. *Acta Anaesthesiol Scand.*, 47: 1264-1269. <https://doi.org/10.1046/j.1399-6576.2003.00236.x>
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